

Pre/Post-Care Instructions

PLEASE READ THE FOLLOWING INFORMATION CAREFULLY AND IN ITS ENTIRETY. FOLLOWING PRE/POST-CARE INSTRUCTIONS IS IMPORTANT TO HEAL SAFELY.

OMBRÉ POWDER BROWS

Ombré Powder Brows

PRECARE INSTRUCTIONS

AVOID 4 WEEKS BEFORE YOUR APPOINTMENT

Botox, Fillers, Retinol/Retin-A, Chemical Peels, Microdermabrasion

AVOID 2 WEEKS BEFORE YOUR APPOINTMENT

Vitamin E, Fish Oil, Facial, Waxing, Threading, Tanning, Intense Sun Exposure

AVOID THE DAY BEFORE

Vitamin E, Fish Oil, Alcohol, Aspirin

(if taking for medical condition(s), please consult with your doctor before stopping)

AVOID THE DAY OF

Caffeine, Alcohol, Working Out

Please note: You may experience more sensitivity around or during your menstrual cycle.

POSTCARE INSTRUCTIONS

- Eyebrows will appear dark, bold and sharp due to the natural healing phase around the first week. Minor redness and swelling is normal and will subside within the next few days.
- DO NOT pick, rub, or scratch the flakes that form on the eyebrows. Let any flaking naturally exfoliate off. If the flake is removed forcefully, the pigment underneath can be pulled out resulting in pigment loss, may cause an infection or possible scarring. It is normal to experience occasional itching.
- Once all the flakes have naturally exfoliated off, the color may look light or in some cases it may look like there's not color there. DO NOT critique your eyebrows on day 14 (2 weeks). Give the ink time to come back to the surface of the skin and the eyebrows will slowly start picking up more color around 4 weeks.

POSTCARE INSTRUCTIONS continued

FOR 2 WEEKS AVOID

- Swimming, steam rooms, hot yoga, sunbathing, working out, direct sunlight
- Applying any products or makeup on the eyebrows until healed
- Eyebrows tinting, waxing, facials, chemical peels, laser hair removal on treated area

IMMEDIATELY AFTER YOUR APPOINTMENT

- With clean and washed hands, use sterile gauze provided or a clean paper towel to gently blot the brow area to remove the lymph fluid. Repeat every 30 minutes for the next 2 hours of your appointment. If after 2 hours there is still clear fluid on the brows, repeat every hour until there is no more fluid on gauze.

DAY 1, 3, 10

- Gently wash your eyebrows with provided cleanser or just water, rinse, dry then apply a rice grain amount (this should be enough for both eyebrows) of ointment with a clean q-tip.

OTHER DAYS DURING THE HEALING

- **For Dry Skin:** Apply aftercare cream 1-2 times a day
- **For Combo/Oily Skin:** Only apply aftercare cream when you feel that the eyebrows are tight and dry.

WHEN SHOWERING

- Avoid long, hot and steamy showers
- Try your best not to get your eyebrows wet until your eyebrows are completely healed.

LONG-TERM CARE

- The sun can damage and fade the treated area so take care of your enhancement by investing in a good sunscreen to protect from premature fading.
- If you are thinking of having a laser procedure or an MRI scan inform the technician of your permanent cosmetics.
- If you decide to donate blood within a year after your treatment notify the national blood service before as this can affect your ability to donate.
- Maintaining proper skincare is suggested to help keep your brows as vibrant and fresh as possible. This means cleansing and moisturizing the brow area.
- Avoid using exfoliants or peels on the brows as it can make the brows fade faster.
- When using face makeup, it may cover-up the permanent makeup, you may take a wet q-tip and wipe the brows to remove the makeup covering the permanent makeup.
- Allow your permanent makeup to fade about 50% before getting a touch-up.